



FRIDAY FLYER

Dear Families

What a wonderful week it has been as we complete our first full week of the new academic year. It has been a real pleasure to see the children settled back into school routines so quickly, approaching their learning with enthusiasm, positivity and determination. Classrooms have been busy, purposeful places and there is already a real sense of ambition and excitement for the year ahead.

As always, our weekly flyer gives a snapshot of the many things happening across our school community. In this edition you can read about some fantastic pupil achievements, important updates for parents and developments in school life. I would encourage you to take a few moments to read through everything and celebrate the many successes of our children.

You will also see an article explaining our updated expectations regarding water bottles in Key Stage 2. Keeping children healthy and hydrated remains incredibly important, but we also want to ensure that learning time is used as effectively as possible. This small adjustment will help us maintain calm, focused classrooms where every child can thrive and achieve their best.

For those families who are new to our school community, you will also find details of this week's attendance figures in the flyer. Attendance is something we monitor closely, with a whole-school target of **95% or above**. Good attendance is one of the most significant factors in a child's success at school. Children who attend regularly benefit from uninterrupted learning, stronger relationships with their peers and teachers, greater confidence and better outcomes academically and socially. Every day in school really does matter, and we greatly appreciate the support that parents and carers provide in helping children attend school regularly and on time.

Looking ahead, our Year 6 pupils will be taking part in Bikeability training next week. This is always a valuable experience that helps children develop confidence, independence and essential road safety skills as they prepare for the next stage of their education. We are very grateful to the instructors who will be working with our children, and we know our Year 6 pupils will represent the school brilliantly throughout the programme.

Thank you for your continued support and partnership. The successful start we have enjoyed this term is only possible because of the strong relationship between home and school. We are excited for the weeks ahead and for all the opportunities, experiences and achievements that await our pupils.

Wishing you all a wonderful weekend.

Mark

LEARNING FOR LIFE Following our consultation with parents in the summer term regarding our updated Relationships, Health and Wellbeing Education (RSHE) curriculum, please find below an updated curriculum map. Our Learning for Life curriculum strengthens children's safety, wellbeing and understanding of healthy relationships, while remaining fully age-appropriate and sensitive to children's needs. We have created parent cards for each of the topics covered and these will be sent out at the beginning of every half term via email so that you can see the content that will be covered in Learning for Life lessons. If you have any questions or concerns about the content, please direct these initially to the class teacher.

Whole School Planning

Theme	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1 Kindness	Friendships	Sense of self – achievement	Friendships and bullying	Media influences	Pressure to share and dares	Pressure and uncertain feelings
Autumn 2 Peace	Families	Identity and stereotypes	Safety rules and the law	Community and belonging	Health and prevention	Drugs and alcohol
Spring 1 Friendship	Fair and Unfair	Medicines and safety	Keeping safe and emergencies	Types of relationships	Body Privacy	Smoking and vaping
Spring 2 Forgiveness	Keeping safe and Emergencies	Changes in growth	Early warning signs, saying yes or no, secrets	Personal boundaries and the right to privacy	Puberty	Sense of self – Self esteem
Summer 1 Respect	Recognising Feelings	Coping with changes	Mental Health and Wellbeing	Sense of self – Achievements and goals	Sense of self - image and representation	Conception
Summer 2 Creativity	Keeping clean	Being healthy and active	Healthier lifestyle choices	Sleep and Emotional Wellbeing	Identity - Gender expectations	Transition - Saying goodbye and moving on

WATER BOTTLES AND LEARNING IN KEY STAGE 2 At our school, we want every child to be happy, healthy and ready to learn. An important part of this is ensuring that children stay well hydrated throughout the day, which is why all pupils are encouraged to bring a water bottle to school.

Recently, we have noticed that an increasing number of Key Stage 2 pupils are leaving their seats repeatedly during lessons to access their water bottles. While access to water is important, frequent movement around the classroom can cause unnecessary interruptions to learning, affect concentration and distract other children.

To support both hydration and learning, we will be introducing a simple expectation in Key Stage 2:

Water bottles should remain on pupils' desks during lessons.

This means that children can take a drink whenever they need one while remaining engaged in their learning, without needing to get up and move around the classroom. We believe this strikes the right balance between promoting healthy hydration habits and maximising valuable learning time.

To help make this arrangement successful, we ask parents and carers to ensure that water bottles brought to school have a secure drinking spout, straw or tube that can be safely closed. This will help prevent leaks and spills around children's books, equipment and classroom technology.

As with all of our expectations, this change is designed to help create calm, purposeful classrooms where children can focus, thrive and achieve their very best.

Thank you for your continued support.

FOREST SCHOOL VOLUNTEERS NEEDED! Our Forest School sessions are a valuable part of school life, giving children the opportunity to learn, explore, and develop confidence in the great outdoors. As our Forest School programme continues to grow and thrive, we would greatly appreciate some extra volunteer support with our Big Woods sessions (Year 2 and above). These sessions will be on a Wednesday and Friday afternoon. We leave school at 12.45 and are back by the end of the day.

Whether you can help regularly or just on a one-off basis, we would be incredibly grateful for your support. You do not need any special skills or experience, just a willingness to get outdoors and support our children as they learn and play in nature.

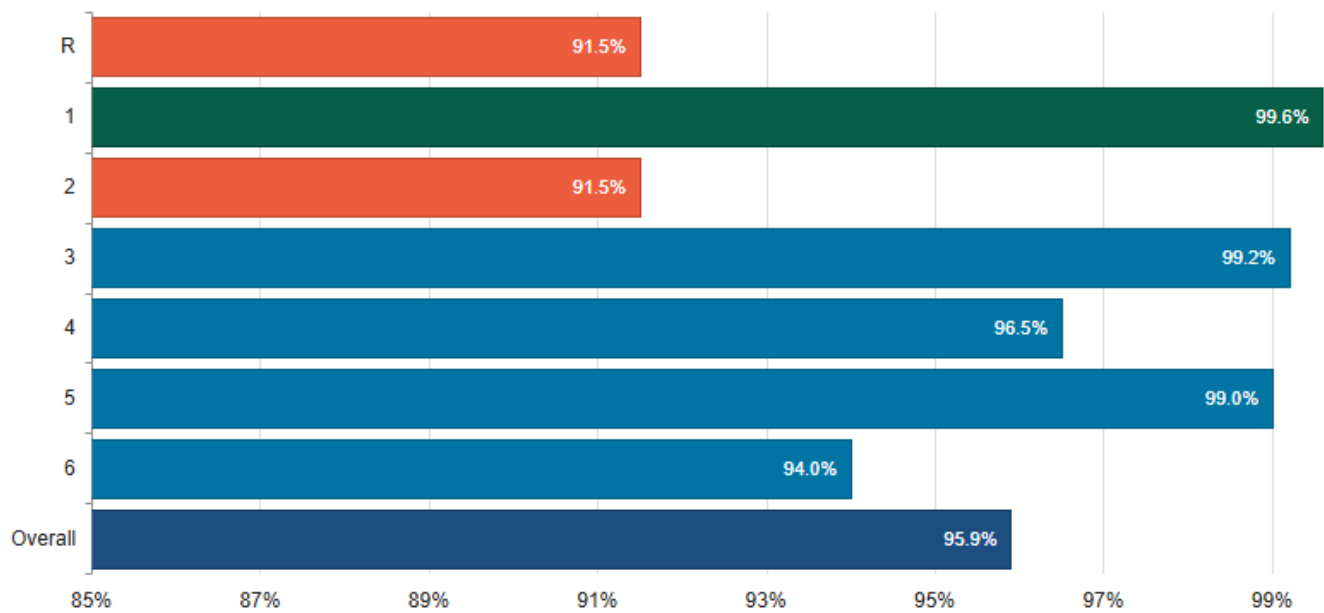
If you are able to help, even occasionally, please contact the school office for more information. Your time and support can make a real difference and help ensure that our Forest School sessions continue to thrive. Thank you, Mrs Alden.

MIDHURST MILERS' SUCCESS! We are delighted to celebrate the achievements of several of our pupils who recently took part in the Midhurst Milers Mini Backyard Ultra Challenge on Saturday 5th September. The event challenged 43 young runners to complete up to 10 miles, running one mile every 20 minutes, with the time available reducing after each lap. In the warm September sunshine, all participants showed fantastic determination, resilience and perseverance.

A special congratulations goes to Theo Phillips, who completed an impressive 4 miles, and Baxter Phillips, who achieved the remarkable feat of completing the full 10-mile challenge. We would also like to congratulate Eddie Lillywhite-Iredale, who took part and performed brilliantly throughout the event.

We are incredibly proud of all three pupils for representing themselves so positively and demonstrating such commitment and stamina. Well done to everyone involved!

ATTENDANCE



Our attendance this week is 95.9% - just above our target of 95%!

ATTENDANCE CHAMPIONS

And a huge congratulations to Birch Class our attendance champions this week with 99.6%

DIARY DATES

Date	Event/Activity	Details
Monday 14th September	Bikeability for Oak class	All week
Tuesday 15th September	CM Sports Football club Drama Club	3.30 - 4.30pm 3.30 - 4.30pm
Wednesday 16th September	Forest School – Beech class group 1	Please bring kit
Thursday 17th September	Swimming – Beech class Cheerleading Club	Please bring swimming kit 3.30 - 4.30pm
Friday 18th September	Forest School – Oak class group 1	Please bring kit
Monday 21 st September		
Tuesday 22 nd September	Oak class River trip CM Sports Football club Drama Club	More info to follow 3.30 - 4.30pm 3.30 - 4.30pm
Wednesday 23 rd September	Forest School – Beech class group 1	Please bring kit
Thursday 24 th September	No Swimming this week for Beech class Acorn class trip to Goodwood Farm Cheerleading Club	See separate letter for more info 3.30 - 4.30pm
Friday 25 th September	Birch class trip to Amberley Museum Forest School – Oak class group 1	See separate letter for more info Please bring kit

PE TIMETABLE

Class	PE DAY
Acorns	Tuesday & Friday
Birch	Tuesday & Thursday
Hazel	Monday & Tuesday
Maple	Tuesday & Thursday
Beech	Monday & Wednesday
Pine	Wednesday & Friday
Oak	Wednesday & Friday

Midhurst CofE Primary School Calendar 2026/27

<u>September 2026</u>		
Tuesday 1st	Staff INSET (School closed)	
Wednesday 2nd	Autumn Term Begins	
Monday 14th - Friday 18th	Oak Class Bikeability	
Wednesday 30th	Oak Class Experience day at MRC	
<u>October 2026</u>		
Tuesday 6th	Harvest Assembly in school	am
Tuesday 6th	Pine class visiting Foodbank to pack boxes	pm
Thursday 8th	Hello Yellow day	
Friday 9th	School Photos (individual)	
Monday 12th	Open day	9-11am & 4-6pm
Tuesday 13th	SEN Parents evening	
Friday 23rd	Staff INSET (School closed)	
Monday 26th - Friday 30th	Half term	
<u>November 2026</u>		
Monday 2nd	Back to school	
Tuesday 3rd	Flu Vaccinations - Whole school	
Wednesday 4th	Rotary Music Evening at MRC	
Sunday 8th	Remembrance service at church	
Wednesday 11th	Remembrance service at church for KS2	10.45am
Friday 13th	Children in Need	
Tuesday 17th	Parents evening	5-8pm
Thursday 19th	Parents evening	4-7pm
<u>December 2026</u>		
Wednesday 9th	KS1 Performance	6.30pm
Thursday 10th	KS1 Performance	6.30pm
Friday 11th	Reception Nativity	2pm
Thursday 17th	Whole School Carol Service in Church	6.30pm
Friday 18th	Last day of term - FUN DAY	
Friday 18th	PTA Raffle with Mince Pies and Mulled Wine	3pm
Monday 21st - Friday 1st	Christmas Holidays	
<u>January 2027</u>		
Monday 4th	Staff INSET (School closed)	
Tuesday 5th	Spring Term Begins	
<u>February 2027</u>		
Tuesday 9th	SEN Parents evening	

Midhurst CofE Primary School Calendar 2026/27

Monday 15th - Friday 19th	Half term	
Monday 22nd	Back to school	
<u>March 2027</u>		
Tuesday 9th	Parents Evening	5-8pm
Thursday 12th	Parents Evening	4-7pm
Monday 15th - Friday 19th	Oak Class Residential - PGL Little Canada	
Thursday 25th	Last day of term	
Friday 26th - Friday 9th	Easter Holidays	
<u>April 2027</u>		
Monday 12th	Staff INSET (School closed)	
Tuesday 13th	Summer Term Begins	
<u>May 2027</u>		
Monday 3rd	Bank Holiday	
Tuesday 4th	Class Photo	
Monday 10th - Thursday 14th	Oak Class - SATs	
Monday 31st - Friday 4th June	Half term	
<u>June 2027</u>		
Monday 7th	Back to school	
Monday 7th - Friday 18th	Multiplication Tables Check	
Monday 7th - Friday 18th	Phonics Screening	
Wednesday 9th	New Intake Evening	
Friday 12th	Summer Fair (TBC)	
Tuesday 22nd	SEN Parents evening	
Friday 25th	Sports Day	1pm
<u>July 2027</u>		
Friday 2nd	Reserve Sports day	
Wednesday 7th	Oak & Pine Performance @ MRC theatre (matinee)	1.30pm
Wednesday 7th	Oak & Pine Performance @ MRC theatre (evening)	7pm
Monday 12th	Reports out	
Tuesday 13th	Open Evening (drop in - no appointment needed)	4-6pm
Wednesday 14th	Leavers service in church	1.45pm
Wednesday 14th	Leavers Tea Party at school	3.30-4.30
Thursday 15th - Friday 16th	Oak Class camping at Stedham	
Monday 19th	Beach Day	
Tuesday 20th	Last day of term - Final Assembly	
Wednesday 21st	Staff INSET (School closed)	
Thursday 22nd	Summer Holidays	

MORE
LEISURE

ENJOY FREE ACCESS

TO OUR CENTRE

To celebrate National Fitness Day, we're opening our centre to everyone. Come along and discover everything we have to offer.

NATIONAL FITNESS DAY

WEDS 16th SEPT

Speak to a member of our team, or head to our website for more information.

The Grange Leisure Centre 01730 815285
www.moreleisure.com/the-grange-community-leisure-centre/

MORE for every body



Get more out of what you're into!

Dungeons & Dragons

For ages 14-17

Join us at the library this autumn for Dungeons & Dragons sessions led by an expert Dungeon Master. Suitable for young people aged 14-17 years.

All the resources will be provided, or bring your own.

Free, but places are limited.
Each week must be booked separately online.

6 sessions!




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2-4pm Bognor Regis Library
Saturdays fortnightly from 12 Sep - 21 Nov
 69 London Road, Bognor Regis, PO21 1DE

GO ALL IN.

West Sussex Library Service

LOTTERY FUNDED

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teamwork | respect | enjoyment
discipline | sportsmanship



FAO: School Head

Ref: Local Club Rugby Taster Introduction

Midhurst Rugby Football Club are holding a taster rugby introduction morning for our Mini and Junior sections on Sunday 13th September 2026 from 10-12noon, with BBQ and inflatable games after. This is designed for kids from Under 6 to Under 14s to come along and learn more about the sport and see what we do as a club at the different age groups. There will be no pressure to join in, kids can simply watch as our trained coaches lead a demonstration training session for each of the age groups. The coaches will start with a short introduction about what happens at that particular age group as rugby rules differ as you move through the age grades, then give a demonstration of typical training session followed by short game.

Coaches and members of the club will be available to field any questions from parents and guardians; we know this to be particularly important for any children who may be new to the sport.

It should be noted that U6-U8 Age groups are tag (touch rugby), at U9s tackling is introduced, but this is phased in gradually and no first-time child players will be expected to take part in tackle training or games at any age grade until the coaches are satisfied that they are ready to do so.

After the short introduction the BBQ and fun inflatable games will take place from 11am with free hot dogs to all children and the club house will be open serving drinks and snacks.

Midhurst RFC is a small club serving the local community with a fantastic youth programme where we have hundreds of kids turn up on Sundays throughout the season. The club is supported by a fantastic bunch of volunteers and trained coaches who give up their time to support. The coaches are all passionate about the sport and the safety of the children under their care is paramount. We are a fully inclusive club and welcome new players and supporters alike.

We look forward to seeing you at the club and thank you for your support.

Sincerely,

Paul Dunn – Club Chairman

www.midhurstrugby.co.uk
midhurstrugbyfootballclub@gmail.com

Midhurst RFC
The Pavillion
Cowdray Ruins
Midhurst GU29 9AL



SUNDAY
13TH
SEPTEMBER



10 AM -
12 NOON



MIDHURST RFC
COWDRAY RUINS

FREE
RUGBY TASTER SESSIONS

BOYS & GIRLS
AGED 5-16

NO EXPERIENCE NEEDED



- *BOUNCY CASTLE*
- *BBQ & BAR*
- *ICE CREAM VAN*
- *MEET THE TEAMS*
- *FAMILY FUN*

YOUNGER CHILDREN
WELCOME TO STAY & PLAY!

NEW PLAYERS WELCOME
AT ANY SUNDAY TRAINING SESSION
YOU DON'T NEED TO WAIT
FOR THE OPEN DAY.

EVERYONE WELCOME - NO NEED
TO BOOK, JUST TURN UP.

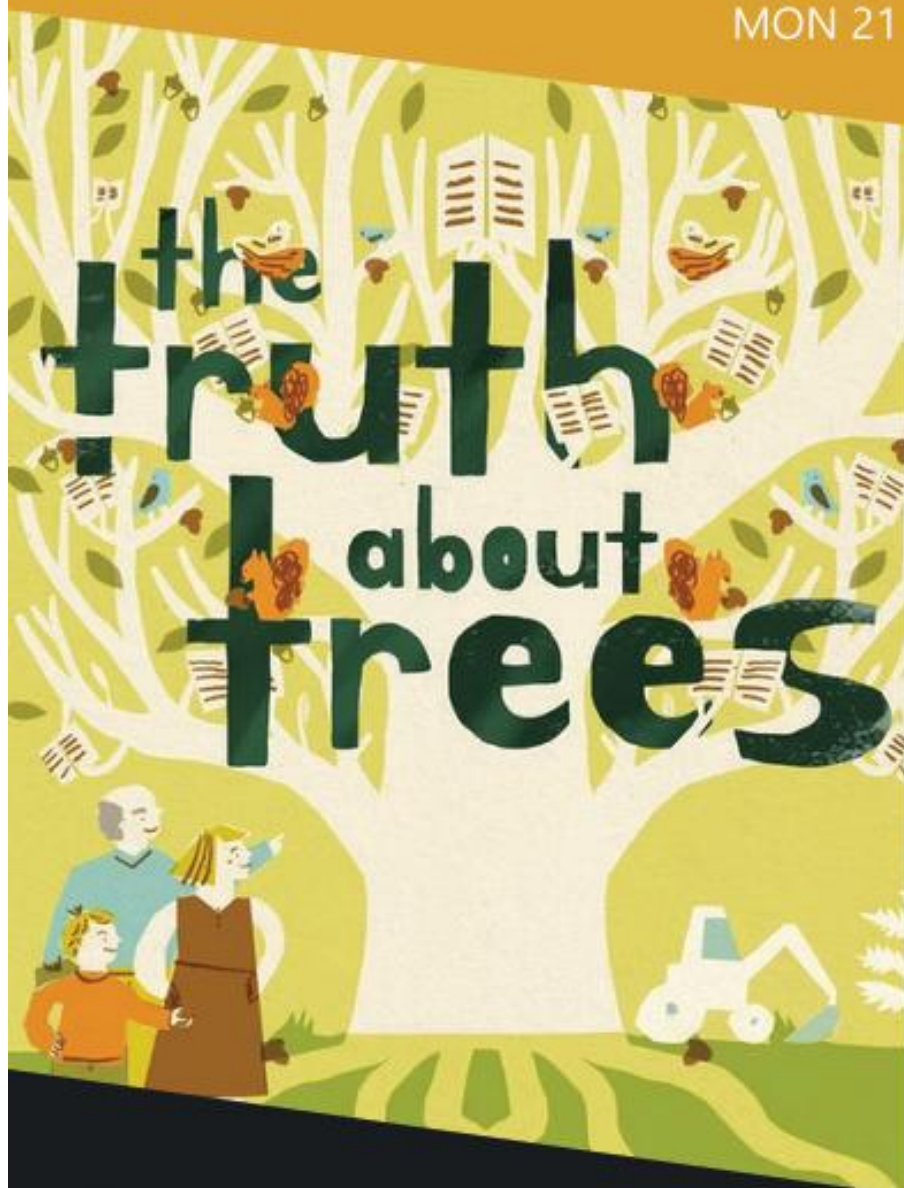


- DRAMA
- TALKS
- MUSIC
- POETRY
- DANCE

The Truth About Trees

BEDALES OLIVIER THEATRE

MON 21 SEP, 16:30-17:30



An award-winning family show that gently enables children to recognise our responsibilities towards the natural world

'A pitch-perfect, beautifully scripted adventure'
Everything Theatre



Bedales

For more information and to book tickets (£12/under 3s free) please visit <https://www.bedales.org.uk/whats-on> or scan the QR codes

