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# FRIDAY FLYER

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Dear Parents and Carers,

As we step into a new year, I want to take a moment to reflect on the incredible generosity and kindness shown by our school community throughout 2025. Your unwavering support for charitable causes has been nothing short of inspiring, and it truly embodies the spirit of our school.

Just this week, I received a lovely message from Chichester Foodbank, expressing their gratitude for the contributions made by our families. In 2025 alone, you donated an astonishing 157.2 kg of provisions—that's the equivalent of around 393 meals for those in need! This is a remarkable achievement and a powerful reminder of what we can accomplish when we come together with compassion and purpose.

At the heart of this generosity lies one of the most important Christian values: "Love thy neighbour." This principle is central to our school ethos and shapes the way we teach, learn, and live as a community. Loving our neighbour means looking beyond ourselves, extending kindness to others, and recognizing that every act of care—big or small—can transform lives. In a world that often feels divided, this value calls us to be a light for others, to stand in solidarity with those who need support, and to nurture empathy in our children.

This spirit of love and service is beautifully reflected in the story of Meredith's Mission, a wonderful initiative started by Daisy in Year 5 and her cousin. Motivated by a deep desire to make a difference, Daisy has raised an incredible amount of money for Meredith's Mission — an achievement that speaks volumes about her compassion and determination. Daisy has written a lovely article that you can read lower down in this week's Flyer that tells you more about the charity. Daisy's example reminds us that even the youngest among us can lead with courage and inspire change. We are so proud of her and grateful for the way she has shown what it means to live out our values in action.

As we look ahead to the rest of the year, let us continue to embrace this ethos of care and generosity. Together, we can keep making a real difference—not just within our school, but in the wider community and beyond.

Thank you, once again, for your extraordinary support. It is because of you that our school remains a place where love, kindness, and hope flourish.

*Mark*

## MEREDITH'S MISSION

Meredith's Mission is a charity my cousin and I set up when my cousin found out she has leukaemia. The charity helps other families that have been diagnosed. In the past 2 years I have raised over £200 for the charity. I raised £165 selling bracelets, £72 at the Summer Fair and £275 at the Carol Service. Every day, Meredith has made people smile by dressing up when she goes for treatment and does lots of brave things including going on National TV and winning an award! She really is an inspiration. So, we are doing a raffle for the charity. Tickets are on sale from Monday and will run to Thursday of next week. Tickets are 20p and £1 for a strip. Thank you for reading

## *Daisy - Year 5*

## A HUGE THANK YOU FROM CHICHESTER FOOD BANK!

On behalf of the Chichester District Foodbank team, I want to say a huge thank you for your amazing support over the past year.

In 2025, you generously donated 157.2 kg of provisions - that's around 393 meals!

Your kindness really does make a difference, and means so much to us and the people we support across Chichester District.

How your support makes an impact

Thanks to you, we can continue offering essential support to families and individuals in crisis across the Chichester District. And it's not just about the food. Your generosity frees up resources that let us provide extra help, like practical guidance and a caring, listening ear when it's needed most. As a largely volunteer-run charity, every donation makes a real difference, and yours is truly appreciated.

Last year, we were able to provide emergency food parcels to over 6,000 people, with 38% of them being children. These numbers show just how important your support is to our community.

Thank you again for your generosity and for being such an important part of what we do. You truly help make a real difference, and we hope to work with you again in 2026!

## INTRODUCING... THE SOUTH DOWNS SING SQUAD!

A reminder of this amazing musical opportunity! South Downs Sing Squad takes place in the Parish Church every Tuesday evening at 4.45 - 6pm! The first session took place this week and, from what we hear, it was an amazing fun filled session of singing! Why not take your child along this coming Tuesday to try it out?

More about the Sing Squad ....

Does your child love to sing? Do they come home humming tunes from school or belt out songs in the car? South Downs Sing Squad is a new youth choir for children in Years 3 - 8 from Midhurst, Easebourne and surrounding villages.

The details:

What:	A fun, friendly space where young singers can grow in confidence, discover favourite songs and make new friends. The sessions will be warm, encouraging and enjoyable - we want Sing Squad to be the highlight of everyone's week!
When:	Tuesday evenings, 4.45pm - 6pm, starting in the second week of January 2026.
Where:	Midhurst Parish Church.

Music:	Secular music - everything from feel-good pop to uplifting favourites chosen with input from the children. Sessions will include both printed music and live music, helping your child build musical skills while they sing.
Cost:	None at this stage. The choir is currently a community-supported project. Donations are welcome.
Musical requirements:	Just enthusiasm and a love of music. There are no auditions and no experience needed.
Other requirements:	To begin with, each child will need to be accompanied by an adult.
Refreshments:	Water and squash will be provided.
Your choir team:	<ul style="list-style-type: none"> <li>· Marcus Collie, Choir lead, safeguarding and administration</li> <li>· Judith, Musical Director</li> <li>· Tracey, Accompanist</li> <li>· Plus additional DBS-checked volunteers as the choir grows</li> </ul>

*“We can’t wait to welcome your children to the South Downs Sing Squad. We’re excited to get started and bring even more music into our community.*

### PTA CORNER!



Welcome to the 1st PTA section of the Friday Flyer. Here we will keep you up to date with all the events and money raising activities in and out of school.

This year we had a change in our leadership team.

*Becky Simpson (Chair)*



*Sharon Storey -Apps  
(Treasurer)*



*Laura Turner  
(Secretary)*



*Hayley Abrams  
(Co-Vice Chair)*



*Nadia Maides  
(Co-Vice Chair)*

We are in the playground and in the school throughout the week, so if you would like to join our team or help at our events, please speak to one of us for more information.

We ended 2025 with our fabulous Winter Fun Day organised by Laura and her team. This is a free event put on by the PTA every Christmas and great fun is had by all the children and staff.

Our Christmas raffle raised £356 which paid for crackers for each child on Christmas lunch day and will be used towards an author visit next month.

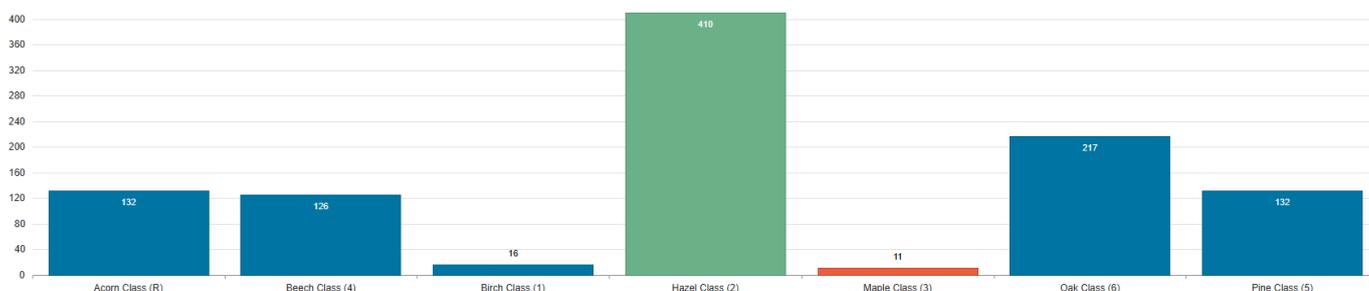
We have lots of exciting new events happening this year and some old favourites. Keep an eye out on our Facebook page and the flyer for more information.

Lastly, we would like to thank Elsie in year 4's dad for donating some shelving for our PTA shed so we can be a bit more organised! Thank you, Neil & Novus Property Solutions.

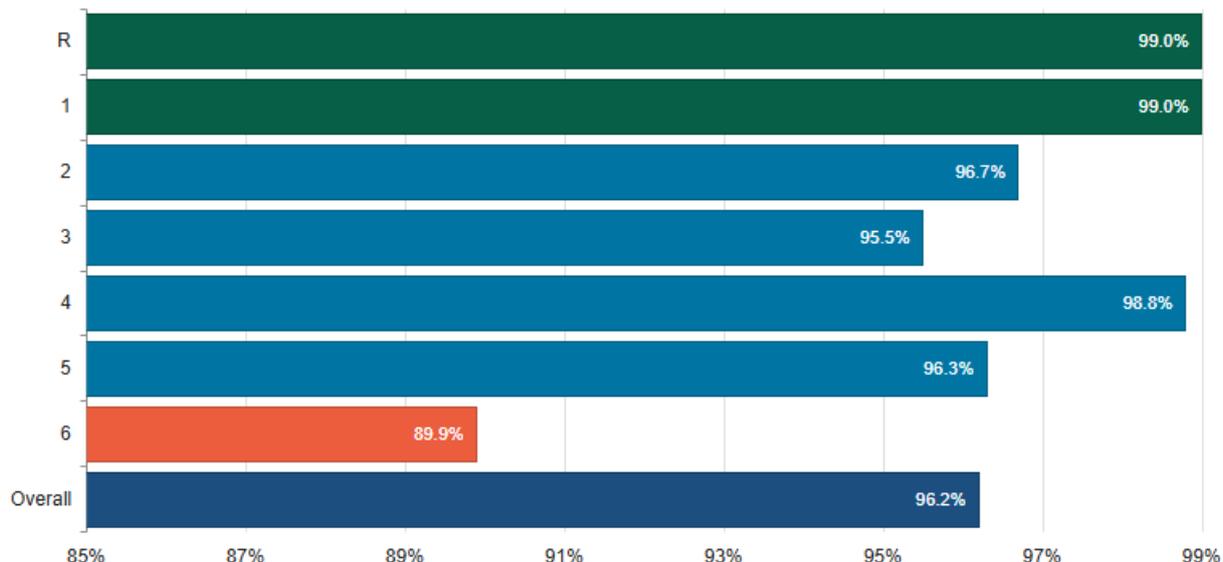
## *The PTA Team*

### REWARD POINTS

Congratulations to Hazel Class with the most reward points this week with a huge 410 points!



### ATTENDANCE



Our attendance this week was 96.2%

### ATTENDANCE CHAMPIONS!

A huge congratulations to Acorn and Birch Class, our two attendance champions this week with 99% attendance!

## DIARY DATES

Date	Event/Activity	Details
Monday 19 <sup>th</sup> January	Oak & Pine class – PE today	Please come in kit
Tuesday 20 <sup>th</sup> January	Acorn, Birch & Hazel class – PE today CM Sports football club	Please come in kit 3.30-4.30pm
Wednesday 21 <sup>st</sup> January	Maple, Beech, Pine & Oak – PE today	Please come in kit
Thursday 22 <sup>nd</sup> January	Maple & Beech class – PE today Swimming – Hazel Class	Please come in kit Please bring swimming kit
Friday 23 <sup>rd</sup> January	Acorns & Birch Class Forest School Hazel Class Grp 1 Cross Country club	Please come in kit Please bring kit 3.30 - 4.15pm
Monday 26 <sup>th</sup> January	Oak & Pine class – PE today	Please come in kit
Tuesday 27 <sup>th</sup> January	Acorn, Birch & Hazel class – PE today CM Sports football club	Please come in kit 3.30-4.30pm
Wednesday 28 <sup>th</sup> January	Maple, Beech, Pine & Oak – PE today	Please come in kit
Thursday 29 <sup>th</sup> January	Maple & Beech class – PE today Swimming – Hazel Class	Please come in kit Please bring swimming kit
Friday 30 <sup>th</sup> January	Acorns & Birch Class Forest School Hazel Class Grp 1 Cross Country club	Please come in kit Please bring kit 3.30 - 4.15pm

# Some Bargains in Midhurst This Week!

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Snap Me don't Take Me 😊

Welcome to 2026 in Midhurst

All Details Now on [visitmidhurst.com](http://visitmidhurst.com)



Town Council  
Release Date for  
2026 Skate Jam...  
16th May



25% off  
Faustinos Take  
aways This  
January



Take a 'Butchers'  
@ the Butchers.  
Courtney's  
Reopens Saturday



25% of Food Bill  
this January  
(Pre-book with  
Discount card) other  
T&C Apply

## Things to enjoy this week:

... On Wednesday 14<sup>th</sup> January..

- 🍖 Steak & wine night from 5pm @ The Greyhound
- 🔥 25% off Tapas @ Faustinos
- 🎰 No Poker at The Club Tonight (AGM Instead!!)

...On Thursday 15<sup>th</sup> January..

...On Friday 16<sup>th</sup> January...

- 🎵 Lloyd Langford plays Live @ The Wheatsheaf

...On Saturday 17<sup>th</sup> January...

- 🎵 Free Duke Box all Night @ The Wheatsheaf

...On Sunday 18<sup>th</sup> January...

- 📅 Monthly Market @ The Grange 8:30-2pm
- 🏊 Free Pool all day Sundays @ The Wheatsheaf
- 🍷 Sunday Roast 12:30 – 3:30 @ The Swan
- 🍷 Sunday Roast 12 - 8pm @ The Royal Oak
- 🍷 Sunday Roast 12 - 4pm @ The Bricks
- 🍷 Sunday Roast 12 - 5pm @ The Greyhound

... On Monday 19<sup>th</sup> January...

- 🎰 Red Tooth Poker Night @ The Bricks

... On Tuesday 20<sup>th</sup> January...

- 🍷 Pie & Pint £7.50 as 'The Staggs' play Eastbourne 7:45pm

🔥 25% off Tapas @ Faustinos

... On Wednesday 21<sup>st</sup> January

- 🍖 Steak & wine night from 5pm @ The Greyhound
- 🔥 25% off Tapas @ Faustinos
- 🎰 Poker Night @ Midhurst Club

## Coming up Soon...

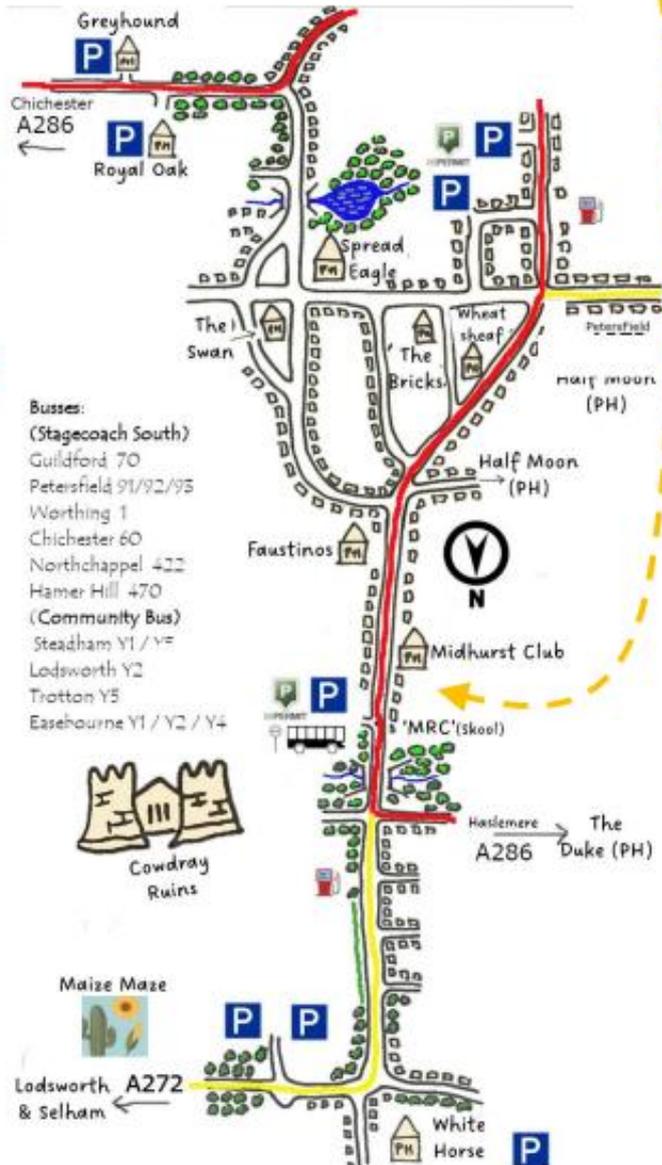


**VISITMIDHURST.COM/WHATS-ON**

for a full list of upcoming events in and around the Town incl. The Pubs, The Grange, Steadham, Weald & Downland, Cowdray, Goodwood, The Leconfield, Local Clubs & Societies, National trust & Others

You Are Right Here Right Now

## Midhurst & Easebourne



Buses:

- (Stagecoach South)
- Guildford 70
- Petersfield 91/92/95
- Worthing 1
- Chichester 60
- Northchappel 422
- Hamer Hill 470
- (Community Bus)
- Steadham Y1 / Y2
- Lodsworth Y2
- Trotton Y5
- Easebourne Y1 / Y2 / Y4

Midhurst & Easebourne



Community Board

#Midhurstwhatson



"Whether you live in Midhurst, or are visiting Midhurst, [visitmidhurst.com](http://visitmidhurst.com)"

[www.visitmidhurst.com/whats-on](http://www.visitmidhurst.com/whats-on)



# PARENTING MENTAL HEALTH SERVICE

OUR SERVICE IS OPEN TO ANY PARENT OR CARER WHO IS SUPPORTING A CHILD OR YOUNG PERSON BETWEEN THE AGES OF FIVE AND 18 LIVING IN WEST SUSSEX.

WE SUPPORT YOU TO HELP YOU SUPPORT YOUR CHILD OR YOUNG PERSON WITH THEIR MENTAL HEALTH.

## WHAT WE OFFER:

- PEER SUPPORT GROUPS- BOTH DURING THE DAY (IN PERSON) AND IN THE EVENING (ON-LINE)
- MONTHLY 'EXPERT BY EXPERIENCE' GUEST SPEAKER ZOOM EVENING SESSIONS, COVERING TOPICS SUCH AS SELF-HARM, EBSA, AUTISM AND MENTAL HEALTH, MASKING AND MORE...
- 1:1 SESSIONS WITH A PEER SUPPORT WORKER
- CLOSED FACEBOOK GROUP; REGULAR NEWSLETTERS AND ACCESS TO TRAINING, E-LEARNING AND WEBINARS (ON THE WEST SUSSEX MIND WEBSITE).
- PARENTING MENTAL HEALTH COURSES ACROSS WEST SUSSEX

## TO SIGN UP, CONTACT OUR HELP POINT

MONDAY TO FRIDAY, 10AM UNTIL 4PM ON 0300 303 5652  
OR EMAIL [HELPPPOINT@WESTSUSSEXMIND.ORG](mailto:HELPPPOINT@WESTSUSSEXMIND.ORG)  
OR USE THE FORM ON OUR WEBSITE -  
[WWW.WESTSUSSEXMIND.ORG](http://WWW.WESTSUSSEXMIND.ORG)

CHARITY NO: 1156918 COMPANY NO: 08884776

# Parenting Mental Health Support Service Online Evening Groups

**Expert by Experience presentations- 19:30-21:30**

(including time for Q & A)

**Peer support groups - 19:30-21.00**

Date	Group Topic
Weds 7 <sup>th</sup> Jan '26	Peer Support
Weds 21 <sup>st</sup> Jan '26	Supporting children/young people's self esteem
Weds 4 <sup>th</sup> Feb '26	Peer Support
Weds 18 <sup>th</sup> Feb '26	Supporting children/young people in a digital world
Weds 4 <sup>th</sup> March '26	Peer Support
Weds 18 <sup>th</sup> March '26	Supporting children/young people who self harm

To book onto any of our expert by experience presentations please visit our training page on; [www.westsussexmind.org](http://www.westsussexmind.org)

(If you are already signed up to the Parenting Service, please use the Zoom link provided).

To access the online peer support groups you need to have signed up to our service already. You can do this by calling our Help Point Monday to Friday, 10am until 4pm on 0300 303 5652 or email; [helppoint@westsussexmind.org](mailto:helppoint@westsussexmind.org)



We are a friendly, supportive group and there is no pressure to share if you don't feel comfortable to do so.

# Parenting Peer Support Drop-ins Winter/Spring 2026 Timetable

**New  
locations  
added**



If you are a parent or carer to a child or young person who needs some support with their mental health, you may not know where to start and may need some support of your own. There is no criteria for our drop-in groups, so no concern is too small or too big.

We at West Sussex Mind know how vital it is for people to talk and share their experiences, so we have started Peer Support drop-ins across the county, where you can meet our Parenting Team and other parents who can provide some much needed empathy and understanding.

## Online parenting support drop-ins:

10:00-11:00am

- Tuesday 13<sup>th</sup> January
- Tuesday 10<sup>th</sup> March
- Tuesday 7<sup>th</sup> April

Zoom Meeting ID: 869 2437 6726

Passcode: 131440

Please feel free to drop-in where we can chat and get you registered with the service. Or to register yourself, please call our Help Point Monday to Friday, 10am until 4pm on 0300 303 5652 or email [helppoint@westsussexmind.org](mailto:helppoint@westsussexmind.org)

Or for more information, please contact [parentingsupport@westsussexmind.org](mailto:parentingsupport@westsussexmind.org)

## Come and join us in:

### Worthing

The Gateway, 8-10 Durrington Lane, BN13 2QG

13:00 - 14:00

- Tuesday 6<sup>th</sup> January
- Tuesday 10<sup>th</sup> February
- Tuesday 24<sup>th</sup> March

### Chichester

Family Hub (The Green Room),  
St James' Rd, Chichester PO19 7WX  
(NB: For SatNav use PO19 7HY)

10.00-11.00

- Thursday 15<sup>th</sup> January
- Thursday 19<sup>th</sup> February
- Thursday 26<sup>th</sup> March

### Haywards Heath

Mid Sussex Family Hub, 51 Penn Cres,  
Haywards Heath, RH16 3HP

11.00-12.00

- Tuesday 20<sup>th</sup> January
- Tuesday 24<sup>th</sup> February

**Please note, due to the sensitivity of our discussions, we ask that you attend without your child/young person.**

PETWORTH PLAYERS PRESENTS...



# THE LITTLE Mermaid

THE PANTO

**Tickets available online or from  
Austen's Petworth!**

**23<sup>rd</sup> January - 25<sup>th</sup> January 2026**

**Herbert Shiner Hall, Petworth**

**Friday 7:30pm**

**Saturday 2:30pm**

**Saturday 7:30pm**

**Sunday 2:30pm**

**Adult: £10 | Child / Senior: £7 | Family of 4: £28**

 [petworthplayers.co.uk](http://petworthplayers.co.uk)  [petworth.players](https://www.instagram.com/petworth.players)  [Petworth Players](https://www.facebook.com/PetworthPlayers)  [petworthplayers56@gmail.com](mailto:petworthplayers56@gmail.com)



# Travelling Tales

Jump on board this half term to **row, ride, and fly** with us through stories about all the different ways we get around, plus some *wheelie*-fun crafts and activities!



**Tuesday 17 February**  
**2.00-3.00m**

**Suitable for children aged 4+ years**

Booking essential - please speak with staff to reserve a place.  
Parents and carers must remain with their child during this activity.



**Midhurst Library**  
The Grange, Bepton Road, GU29 9HD  
01730 716671  
[midhurst.library@westsussex.gov.uk](mailto:midhurst.library@westsussex.gov.uk)



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**Chichester Library**  
Tower Street, PO19 1QJ  
01243 777351  
[chichester.library@westsussex.gov.uk](mailto:chichester.library@westsussex.gov.uk)