



FRIDAY FLYER



Another exciting week of learning at Midhurst Primary School draws to a close! I am very excited to be writing to you all in the absence of Mr Jefferson. I know you, like all of us, will be joining us in wishing him a very speedy recovery from his operation – get well soon Mr J! There has been a FAB buzz of activity and engagement around the school – why not ask your little learner what they have done this week that has made them flourish, achieve and believe? I have visited lots of classrooms when out and about on little check ins and have seen a whole range of lessons and learning. Mrs Chance and I have been delighted with how well everyone has been coping without our lovely headteacher and we are very excited to be hosting the FAB certificate assembly today!



This week's highlights are included with some photographs on future pages including the fantastic Pine Class trip to the Planetarium and the Forest School photo below. Plus, some exciting looking Maple Class science! I am also absolutely thrilled to also introduce our first ever student-produced section of the Flyer. This is designed to be written for the children, by the children. Produced, edited and collated by Editor in Chief: Barni from Oak Class. He has gained interviews with the children and even taken a few paparazzi snaps! He puts out an appeal for more reporters so please do speak to your children about this if they are interested. More information in the INSIDE INSIGHTS section of the Friday Flyer. A HUGE thank you to Barni for taking the time to produce this exciting new feature. Finally, we wish ALL of our cross country runners co-ordinated by the energetically brilliant Mrs Alden a fantastic run today – good luck, we are sure you will all be FAB!

Wishing you all peaceful and restful weekends.

Mr Ind

Editorial – Mr J here! I just wanted to add something to Mr Ind's fabulous thoughts on the week to let you know that after a spell in the Royal Surrey I am now home and well on the road to recovery. Can I thank you all, children, parents and staff for your many thoughts and good wishes. It means a lot. I can't wait to get back to see you all. Special mention goes to Liam in Oak Class, who in my absence decided to hand design and make me a West Bromwich Albion Gonk which is waiting for

me on my desk when I get back!!! Thank you Liam! Perhaps now you see that West Brom may be just one of the best teams ever to beat Manchester United!



Once again, many thanks to you all and may I join with Mr Ind in wishing you a peaceful and restful weekend.

With every best wish

Mark

A REMINDER OF OUR PARENT AND PUPIL WELL BEING SURVEYS

Please spare 10 minutes to complete a questionnaire by going to

<https://survey.gl-assessment.co.uk/s/RMGZB5/>

and logging on using the password provided below.

Your parent password is: **MID55101Pa**

The password is case sensitive.

By completing the questionnaire, you will be telling us how you think we should be spending our time and resources, to make our school the best that it can be for your child.

There is also a questionnaire for your child in Year 3 or above. We would really value you helping your child complete this by going to

<https://survey.gl-assessment.co.uk/s/T6TI8T/>

and logging on using the password provided below.

The pupil password is: **MID55102Pu**

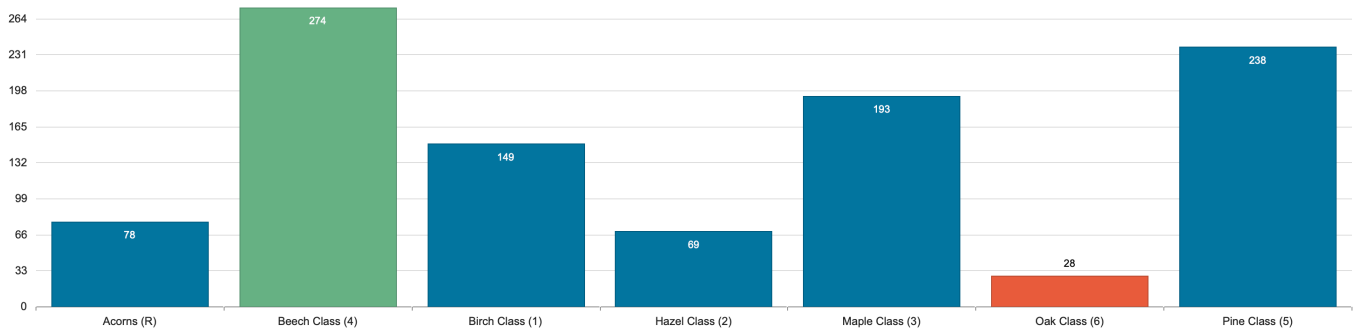
Each completed questionnaire is vital in finding out what parents and children think.

PTA – HEART AND SOLE SPONSORED RUN!

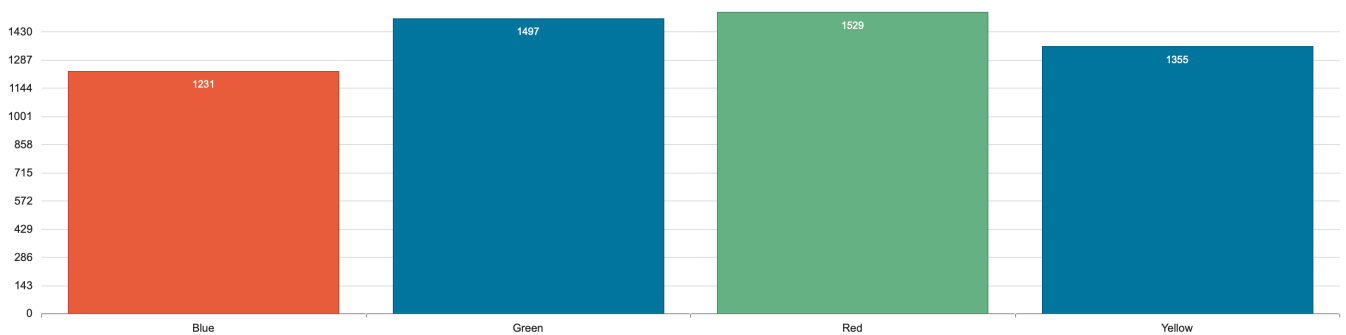
A reminder to get your sponsors for the sponsored run taking place on Friday 9th February! See more information about this below in our section all about Children's Mental Health Week.

REWARD POINTS

Congratulations to Beech Class for gaining the most Reward Points this week with 274 points. Well done Beech Class!

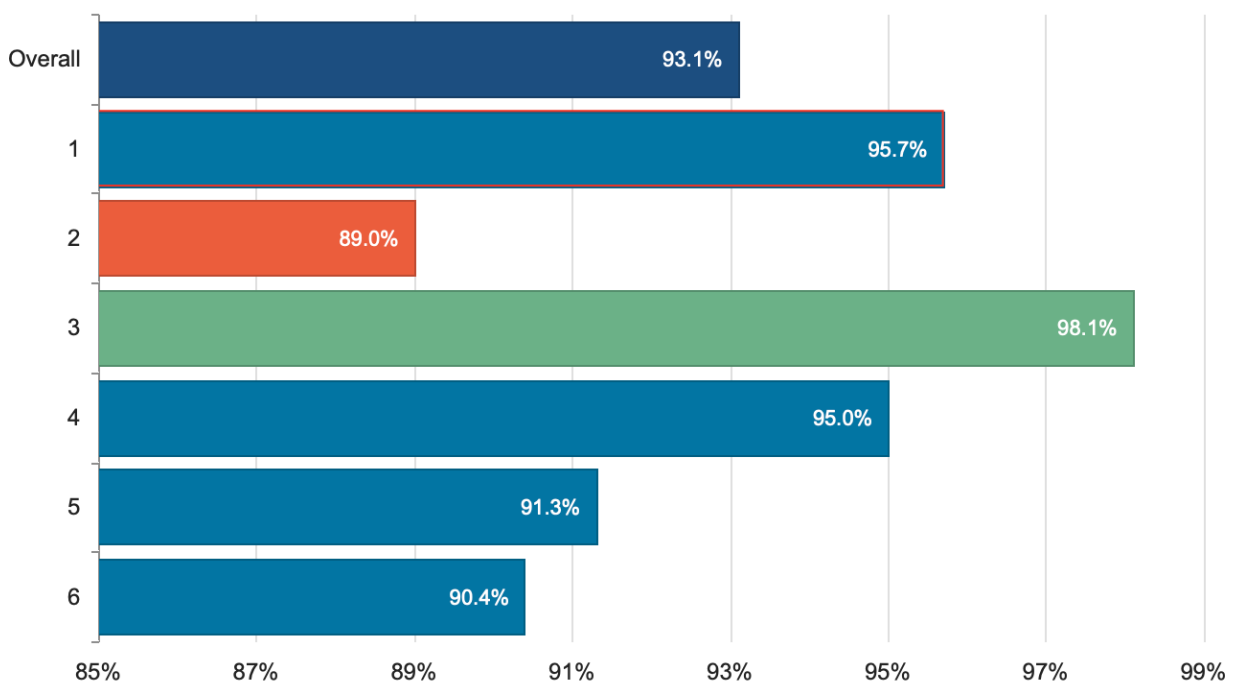


Arun House are in the lead this week with 1529 points!



WEEKLY ATTENDANCE

This week's overall attendance is down from last week with a percentage of 93.1%. This is now 1.9% below our target of 95%. Let's work together to make next week above!



This week's attendance champions!

Congratulations Maple Class, this week's attendance champions with 98.1%



Maple Class Science: To link in with our Science unit of 'forces', Year 3 have been learning about friction. Using ramps of different surfaces, they explored how high a ramp needed to be raised before the toy car started moving. Everyone worked well in small groups taking on different tasks including measuring and recording.



From WSCC: Advising parents on measles.

Cases of measles are rising across England, including among children and young people. The symptoms of measles, along with more information about the virus, can be found on the NHS website. The Department for Education has published new advice for managing measles outbreaks, including advice for parents on what to do when they suspect their child may have measles. Parents are advised that children with diagnosed measles should stay off nursery or school for at least 4 days from when the rash appears. More information on how to respond to rising cases of measles can be found on the DfE Education Hub website.



Pine Class – Winchester Science Museum and Planetarium

On Monday of this week, Pine Class were lucky enough to visit the Winchester Planetarium. What an amazing day they had. Take a look! You can read more about this exciting trip in our new INSIDE INSIGHTS edited by Barnaby in Oak Class!



Children's Mental Health Week 5th - 11th February 2024 by Mrs Chance

This year's Children's Mental Health Week takes place next week with the theme, 'My Voice Matters'. This shares the message that every child has the right to express their views, feelings and wishes in all matters affecting them, and to have their views considered and taken seriously. As part of our celebration of this week, all classes chose a 'Worry Monster' to live in their classroom. Here's a picture of our worry monsters and some children telling us what they're for.

- "If you, have a worry, you write your name down and put it in." Isla (Hazel Class)
- "Then a teacher will look in the monster's mouth and find the time to talk about it." Jay Jay (Beech Class)
- "Tipee's mouth is for the names." Toby (Acorn Class)
- "We named ours Spot." Annie (Birch Class)

Next week, we will be doing lots of activities in class, supporting your child's mental health and wellbeing. On Friday 9th February, we invite children to come to school wearing their own clothes for our 'Heart and Sole' Sponsored Run, which will involve moving in any way that makes their heart and soul feel happy. The afternoon will be spent doing a range of activities promoting the key message that their voices matter. Please find 'Tips for Families' to talk to your child about their mental health at the end of the newsletter.



TIPS FOR FAMILIES



Talking to your child about mental health

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe - "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



Here's what children and young people told us they need from you:

- 1 We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2 I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3 Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4 Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5 Don't compare my experiences to your own when you were a child.
- 6 Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7 Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8 If you are open with me about your feelings, this can help me to be more open about mine.
- 9 Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- 10 Sometimes a hug is all it takes to make me feel supported.





INSIDE INSIGHTS

Editor in Chief: BARNABY from OAK CLASS



Year 5's Trip to Winchester Science Museum

On Monday, the year 5's went out on a trip to Winchester Science Museum, They got on the mini buses it took 45 minutes to get there. They went in and put their bags in a trolley type box, and went to a science lab. Then they saw some interesting rainbow lights. When they ate, they went in two different groups. One group ate while the other went to the gift shop. Overall, they had an amazing time. Emilia in year 5 said, "The planetarium was my favourite, they even told us the milky way tastes like raspberries." Another year 5 called Lexii said." I loved the rainbow room. When we went into the room it was very dark, so we put some glasses on and then the lights turned on. We were told to take the glasses off and when we did everything looked rainbow." After their amazing time, they got their bags and went home!



BUILDERS AT WORK

On Wednesday Charlie (From Year 1) & Jayden (From Year 6) were at the sensory circuit putting up plant holders on the posts. I think make a wonderful addition to the area. We interviewed Jayden to give some intel on the process. "I think it went very well and will be a good thing to have especially the new toys Mrs Mullen has bought." This amazing idea will give the area a special feel.

REPORTERS WANTED!!!

If you want to become a member on my team you need to prepare a brief report on an event that's happened at school. It can be typed or handwritten but it has to be sent to Year 6 (Oak Class) by the 16th of February after half term.

- Barni Oliver

JOKE TIME !!! What do you call a clumsy cleaner? – A tumble dryer

Date	Event/Activity	Details
Monday 5 th Feb	Year 1 & 3 PE today Dance club	Don't forget your PE kit 3.30 - 4.30pm
Tuesday 6 th Feb	Years 2, 4, 5 & 6 PE today Aspire football club	Don't forget your PE kit 3.30 - 4.30pm
Wednesday 7 th Feb	Year 1 & 2 PE today ArtSMASH	Don't forget your PE kit 3.30 - 4.30pm
Thursday 8 th Feb	Years 3 & 6 PE today Swimming Little woods forest schools Big woods forest schools Dance club	Don't forget your PE kit Year 4 am Year 2 Group 1 (please wear kit and bring uniform) Year 5 Group 1 (please bring kit in) 3.30 - 4.30pm
Friday 9 th Feb	PTA Sponsored run Year 5 PE today Big woods forest schools	Please letter sent home with Sponsor form attached Don't forget your PE kit Year 3 Group 1 (please wear kit and bring uniform)
Monday 12 th – Friday 16 th Feb	HALF TERM BREAK	SCHOOL CLOSED
Monday 19 th Feb	INSET DAY	SCHOOL CLOSED
Tuesday 20 th Feb	Years 2, 4, 5 & 6 PE today Aspire football club	Don't forget your PE kit 3.30 - 4.30pm
Wednesday 21 st Feb	Year 1 & 2 PE today ArtSMASH Netball Club (Y4 upwards)	Don't forget your PE kit 3.30 - 4.30pm 3.30 - 4.30pm
Thursday 22 nd Feb	Years 3 & 6 PE today Swimming Little woods forest schools Big woods forest schools Dance club	Don't forget your PE kit Year 3 am Year R Group 1 (please wear kit and bring uniform) Year 5 Group 2 (please bring kit in) 3.30 - 4.30pm
Friday 23 rd Feb	Year 5 PE today Big woods forest schools	Don't forget your PE kit Year 3 Group 2 (please wear kit and bring uniform)



FOR YOUR INFORMATION:

- **WEAR YOUR WELLIES/BOOTS TO SCHOOL DAY!** •
in exchange for a £1 donation towards Nathan's fundraising for the RNLI

• **Monday 26th February 2024** •

- **ALSO TAKE PART IN:** •
The Lifeboat Station guessing game - £1 a go – see Nathan/Y5 at Break/Lunch
WIN a £25 Fish & Chip Voucher!

SUPPORTING:

Nathan's 200 mile walk for the RNLI



December 2023 - March 2024



www.justgiving.com/page/nathans-200-miles-rnli

PORTER
FISH & CHIPS

THE UPHOLSTERER

Printed Today
www.printedtoday.co.uk

STUFF & CO

Lifeboats



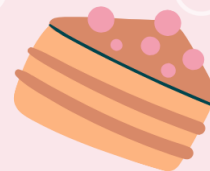
Selsey

SELSEY BILL

MPS PTA CAKE RAFFLE



Dates for future
cake raffle's



Friday -

23rd of February

8th of March

22nd of March



Tickets will be on sale every
Wednesday and Thursday,
the week of each Raffle.



FIGURE **23** *Dance* JUNIOR'S

Here at F.23 we are passionate about delivering a high standard of teaching & choreography throughout different areas of performing arts, and love to see our students build confidence and creativity through movement.

So if you're looking for a new and exciting dance class for your little one, come and join us every Friday. We offer contemporary classes for children aged 7-12. They will get to learn lots of different sequences alongside the correct techniques to carry out the movements safely.

Please give us a call or email if you would like any further information. We will be happy to answer any questions you may have!



@Figure23dance



07834855464



Figure23dance@gmail.com

FIGURE **23** *Dance* JUNIOR'S AGE. 7-11

When

Friday
4:00 - 5:00

Where

Chichester
Racquet Club
PO19 6AR

Price

£8
Per Class
£28.80
Monthly
discounted price
£7
For CRFC Members
£25.20
A month



@Figure23dance



07834855464



Figure23dance@gmail.com



Midhurst Rother College

Community Day Saturday 27 April 2024



Inviting businesses, agencies and groups to join our event to demonstrate what our local community offers

If you are: locally produced - locally grown
eco-friendly - sustainable - renewable
recycled or recyclable

Why not come and join us?

We want you!!



**ALL STAND &
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FREE OF CHARGE

10am - 2pm

For more information email: madeline.hathaway@mrc-academy.org
or contact the College Office on: **01730 812451**

BE A PART OF THIS WELL-ESTABLISHED AND MUCH ANTICIPATED EVENT



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VENTUREDAYS

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FEBRUARY 2024

www.adurcentre.org.uk

Richard Cobden

Exhibition and Lecture Series



The Letters of Richard Cobden

A talk by Simon Morgan
January 30th at 7:00 PM



Richard Cobden and The Economist

A talk by Henry Curr
February 15th at 7:00 PM



Richard Cobden and Dunford House

A talk by Professor Anthony Howe
March 7th at 7:00 PM



Richard Cobden International Man and Treaty Negotiator

A talk by Chris Huhne
March 19th at 7:00 PM



Cobdenism after Cobden

A talk by Doctor Helen Paul
March 28th at 7:00 PM

The Old Library
Knockhundred Row
Midhurst, GU29 9DQ

Tickets available at
Eventbrite
Search 'Richard Cobden'

Winter Wildlife



Join Brent Lodge Wildlife Hospital at the library to find out about what they do including a story and craft. Please click on the QR codes to find out about how you can support them.



Suitable for children aged 4-8 years

Booking essential – please speak with staff to reserve a place

Parents and carers must remain with their child during this activity

**Tuesday 13 February
2.00-3.00pm**



Selsey Library
School Lane, Selsey
01243 602096
selsey.library@westsussex.gov.uk

WS38917 1.19

Winter Wildlife



Join Brent Lodge Wildlife Hospital at the library to find out about what they do including a story and craft. Please click on the QR codes to find out about how you can support them.



Suitable for children aged 4-10

Booking essential – please speak with staff to reserve a place

Parents and carers must remain with their child during this activity

**Thursday 15 February
10.00-11.30am**



Chichester Library
Tower Street, Chichester
01243 777351
chichester.library@westsussex.gov.uk

WS31917 1.19



Local families

Local futures

Serving our
Community for

15 Years



Home-Start offers support and friendship to families with young children who are finding life difficult.



Home-Start Chichester & District run regular family group that provides pre-school children a variety of fun activities and the chance for parents to meet other parents.



We offer non-judgmental and compassionate volunteer support in the home.



**For more information on the services we provide contact:
01243 773477 home-startchichester.org.uk**

Charity no. 1123768

Chichester Nursery School Children & Family Centre, St James Road, Chichester PO19 7AB

PARTICIPANTS NEEDED

Are you a parent of a child with

- Special education needs & disabilities (SEND)
- On the SEN register at school
- Has an education health care plan (EHCP)

We want to know more about your perspectives and experiences of being a SEND parent. Your child does not need to be diagnosed but be identified as having SEND. We want to talk about home life, education and any use of support services.

Interview can take place online via teams or face to face if local



please contact for more information

Samantha Tilley
University
of Chichester
stilley1@stu.chi.ac.uk

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