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January 2011

Dear Parents/Guardians

As promised I am writing to you with more details of the sex and relationship education (SRE) unit I will be teaching Year 6 this term. This will take place over approximately 6 sessions, with the school nurse visiting for one of these. My aim is to make these lessons informative and dare I say fun, with the focus very much being on enabling the children to learn in a safe and supportive environment. I have listed below the areas which I intend to cover during each session.

1. Stages of human development - week beginning 7th Feb.
2. Being aware of our own, and others emotions, especially during puberty - week beginning 14th Feb.
3. Personal hygiene - week beginning 28th Feb.
4. Physical and emotional changes during puberty with school nurse input on 10th March pm.
5. How a baby is made and born - week beginning 14th March.
6. Exploring personal safety & body image - week beginning 21st March.

Obviously these are only headings and if any of you wish to see and discuss more detailed plans then please do not hesitate to pop in and see me. I appreciate this is not an easy topic to talk about, but am quite happy to chat through any concerns or questions you or your children may have.

During this half term I will have some books available in the classroom, aimed at this age group, recommended by the Health Authority, for the children to read and discuss. I also intend to have an "anonymous question box" for children to post any questions in that they would like answered during this unit. This way the children get an opportunity to ask what they really want to know (within reason) and with any luck I just may be able to answer them too!

I hope this information keeps you reasonably well informed of the work we intend to do, enough to be able to understand what your children will be learning, so you can perhaps offer further support at home.

Wish me luck!

Yours sincerely

Sally Clarke